

2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Response:

Best practice - I

Title of the practice: Students' Development Programme

Objectives of the Practice: The College students are mostly from rural areas and city areas that have passed their HSSLC examination with quite low grades, yet wishing to continue their education in the Under Graduate Courses. Students from the rural areas are mostly from vernacular medium schools, and as such they are quite weak and slow learners since English is the medium of instruction in the college. Such students face difficult and trying times when they enter the college that directly impose difficulties to the teachers who often have to translate into the mother tongue the subject matter of the lectures that further limits the work input that the teachers have to complete within one class period.

The Context: In order to accommodate such students and to cater to their educational needs and solve the language barrier, the College locates slow learners at the beginning of the academic session. Spoken English Class is offered by the College in order to enhance the students' English language understanding. Remedial Classes on various subjects offered by the college are conducted and to bridge the wide gap between HSSLC (and other equivalent courses) and the Under Graduate Course, the College conducts bridge courses in the different subjects offered. Since classroom Teaching –Learning within the syllabi content often tends to take a stereotypical role and becomes dull and tedious for students, the College focuses on students' exposure to ICT enabled classrooms wherein slide shows and video shows are organized by teachers. Seminars, workshops and other activities are organized in order to widen the students' knowledge in various topics, and to develop and promote enterprising and qualified job seekers interested in the varied fields that open job opportunities for graduates. As such, the College earnestly forms various strategies to identify latent talents, to encourage students, and to work on the empowerment of students through mentoring system, remedial classes, Spoken English classes and Tutorials.

The Practice: Various Seminars, Workshops and Talks have been conducted for the development of students' personality; to help them attain improvements, achievements, and to overcome their insecurities and inhibitions. The seminars, workshops and other activities are organized for the students with the hope that such activities will provide them necessary support in order to overcome their insecurities and inhibitions while promoting their interests and developing their life skills and confidences. Students are given equal opportunities to attend the Seminars, Workshops, Talks and other extra classes. Students' Exchange and Interaction Programmes were also held by the College on two occasions. The College has also developed measures to promote the students' interest in varied fields that open avenues to job opportunities for the students. The College aims to widen the students' knowledge and extend the students skills for which it tries to locate the interest areas of the majority of the students, and thereafter it organizes the various activities as a means to widen, develop and encourage the students to strive

toward their desires.

The following activities were conducted to promote Students' Development Programme in the year 2020 -2021:

- One Day International Webinar on Gender Equity Drive (28th July, 2020).
- One Day National Webinar on “Normalcy Post Covid Care” (22nd August, 2020).
- Help provided to One Student (Rs. 10000/-) and 2 Alumni Members (Rs. 5000/- each) due to outbreak of fire in their houses (18th March, 2021).
- World Water Day was observed. Seminar on “Importance of Water Conservation” was organised in the College. (Eco Club) (22nd March, 2021)
- Earth Day was observed. Online competition on Essay Writing and Poster Making was organised for the students. (Eco Club) (21st April, 2021).
- Webinar on “Observance of World Bio-Diversity Day. (Eco Club) (22nd May, 2021).
- Donation of Essential Commodities to Lawipu Local Level Task Force for fighting Covid-19 (4th June, 2021).
- One Day Webinar on “Disentangling the Relationship between Gender and Work – Family Conflict: A New Paradigm for the 21st Century”. (21st September 2021).
- National Webinar on Culture and Identity (25th September, 2021).

Evidence of Success: The College has implemented this Best Practice since 2015, and it is interesting to note that several students that are amongst the socially and economically disadvantaged sections of Mizoram, and the educationally disadvantaged sections; from Vernacular Medium Schools, Third Division and those who have passed in the Supplementary Grade and failing to acquire admission in other colleges, have been admitted to this College and they have moderately acquired good results in the UG Examinations. The outgoing students who have entered the College from vernacular medium schools after Graduation have aspired to either seek jobs as they have gained confidence, or, to pursue further studies as they have developed interest to gain higher educational qualifications. Thus the added seminars and training programmes have certainly enhanced the acquired knowledge, skills, and confidence of the present College students and the outgoing students.

Problems Encountered and Resources Required: It is a challenge to motivate slow learners to attend the class. The classes have to be encouraging and conducive to learning. Due to time limitation and lack of funds some interesting Seminars/Workshops topics could not be conducted. Most of the Offline Seminars and Workshops could not be conducted due to Covid-19 Lockdown from 2020 March onwards. This hindered the progress of the whole Academic activities; curricular, co-curricular and extra-curricular activities. Therefore, it may be noted that the Lockdown also stagnated the progress of the activities that had been pre- planned for implementation in the first half of the Academic Session 2020.

Best Practice-II

Title of the Practice: Value Based Education on Social Responsibility

Objective of the Practice: Value Based Education on Social Responsibility is implemented in the College for the development of the students towards wholesome adults. It is the vision of the College to empower students to respond proactively to situations and issues in society. The College aims to mould moralistic and responsible men and women who are deeply rooted in the traditional value of *tlawmngaihna*. It therefore organizes various seminars and social works with focus objectives; selflessness, helpfulness, self-sacrifice, and charity works that expose the Mizo spirit of *tlawmngaihna*. It is expected that this best practice will attune students to immediately respond to the readiness to implement necessary help and support to immediate and urgent issues, and to provide assistance to other social issues in various ways. The College ardently supports the empowerment of students to immediately respond to the issues within society and act as agents of transformation through awareness campaigns and focused actions. Therefore, in order to promote *tlawmngaihna*, propagates Value Based Education on Social Responsibility through the following activities Blood Donation, NSS, NCC, College Cultural Club and Eco Club.

Context: Value Based Education on Social Responsibility was implemented in the College since 2015-2016 for the development of the students towards wholesome adults. It is an ongoing process through which the College aims to mould moralistic and responsible men and women who are deeply rooted in traditional value of *tlawmngaihna* that may be manifested in the following ways selflessness, helpfulness, self sacrifice, charity work etc. The College therefore, in order to promote Value Based Education on Social Responsibility organizes activities in the following ways; Blood Donation, NSS, NCC, Adventure Club, Eco Club and College Cultural Club. Since Value Based Education on Social Responsibility is an ongoing process it implements similar activities of the preceding years to mould the students towards social responsibilities. Therefore, the mentioned student groups within the College participate in the various activities conducted by the College. The empowerment of students to perform tasks that concern varieties of activities that have impact on the society and the readiness to be responsive during emergencies is the thrust of this Best Practice. The Mizo moral ideal of *tlawmngaihna* is imparted to the students through the activities organized for the students and faculty members that further develop the altruistic natures in the students. To create value based education on *tlawmngaihna* that inspires extension activities as a central aspect of education, the College community promotes great emphasis on Blood Donation that functions as an agent of saving precious lives, and it also emphasizes the importance of readiness to assist and deliver necessary help in times of disasters; landslides and fire outbreaks, during emergencies concerning health issues, communal harmony through the College Cultural Club, cleanliness and creating environmental friendly atmosphere.

The Practice: The following activities were organized to implement Value Based Education on Social Responsibility:

- Search and Rescue Training
- Participation in Search and Rescue Operations
- Outdoor Leadership Training
- Show casing the Cheraw Dance
- Security Duty in Blood Donation Camps

- Blood Donation Camps
- Various Awareness Camps/Seminars
- Observation of Swachh Bharat through Cleanliness Drives
- Spoken Hindi Classes
- Free Medical Clinic
- Observation of World Water Day
- Donation of Food Items and Financial Aid during Covid-19 Pandemic to nearby localities and three villages.

The following activities were organized to implement Value Based Education on Social Responsibilities in the year 2020 -2021:

- Renovation of Public Water Point at Sihhmui (NSS 15 Volunteers) (20th November, 2020).
- NSS Special Camping at Maubuang- Disaster Management and Environmental Awareness (19th – 25th November, 2020).
- Renovation of Public Urinal at Khatla South (NSS 20 Volunteers) (27th November, 2020).
- NSS Special Camping at Lungesai- Fire Prevention and Anti Malaria (2nd – 8th December, 2020).
- Blood Donation at Aizawl Civil Hospital (8th December, 2020) – M:8 , F:5 = 13 Units.
- NSS Special Camping at Zotlang- Blood Donation and Cleanliness Awareness (11th – 17th December, 2020).
- NSS Special Camping at Nursery Veng – HIV/AIDS and Drugs Awareness (19th – 25th January, 2021).
- Cleanliness Drive at Maubuang (NSS 32 Volunteers) (11th February, 2021).
- Cleaning of Plantation Site at Maubuang (NSS 22 Volunteers) (18th February, 2021).
- Cleanliness Drive was conducted for the nearby locality Bungkawn Tlangveng- Khatla Area (17th March, 2021).
- Help provided to One Student (Rs. 10000/-) and 2 Alumni Members (Rs. 5000/- each) due to outbreak of fire in their houses (18th March, 2021).
- Cleanliness Drive at Shivaji Tillah (NSS 67 Volunteers) (19th March, 2021).
- Blood Donation at Aizawl Civil Hospital (12th April, 2021) M:14, F:6 = 20 Units. (12th April, 2021).
- Donation of Essential Commodities to Lawipu Local Level Task Force for fighting Covid-19 (4th June, 2021).
- Covid-19 SOP Implementing Committee and Staff Welfare Body under IQAC provided aid to 30 students for Post Covid Care (24th June, 2021).

Evidence of Success: Over the years it is observed that Value Based Education on Social Responsibility has immensely developed the students' sense of participations in Social

Activities, especially during urgent needs. Our students readily volunteer in the following activities blood donations, in times of emergencies, clearing landslides, cultural dance performances at State Level and in many other activities. The college therefore, has organized a few more new areas that cater to Value Based Education on Social Responsibility such as Fire Prevention Awareness, Free Medical Clinic, and launching Eco Club. It is a privilege to mention that the College Adopted Village Maubuang is Awarded the 1st Prize Award in the category of Thematic – Sanitation under the National Panchayat Awards 2021. (Panchayat Awardee List 2021, Pp-9.)

Problems Encountered: Due to the tight schedule of the Academic Calendar that directly effects the time limitation, and the lack of funds, many interesting programmes could not be included within the stipulated time frame. Some activities had to be conducted during vacations. It is sad to note that due to Covid-19 Pandemic, the College could not organize many activities. Yet the activities organized had tremendous success as students were enthusiastic and active in their participations.

- Search and Rescue Training



- Participation in Search and Rescue Operations



- Outdoor Leadership Training



- Show casing the Cheraw & Solakia Dance



- Security Duty in Blood Donation Camps



- College Blood Donation Camps



- Various Awareness Camps/Seminars



- Observation of Swachh Bharat through Cleanliness Drives



- Spoken Hindi Classes



- Free Medical Clinic





- Observation of World Water Day



- Donation of Food Items and Financial Aid during Covid-19 Pandemic and three villages.



